



NEWS RELEASE No. 12, 2011

SONA COMMENCES 3,000-METRE SURFACE DRILL PROGRAM AT ITS ELIZABETH GOLD DEPOSIT PROPERTY

Program targets Southwest Vein

VANCOUVER, July 13, 2011 – Sona Resources Corp. (the “Company” or “Sona”; TSX-V:SYS, Frankfurt-QS7) is pleased to announce that this month it started a 3,000-metre surface diamond drill program at its 100 percent owned Elizabeth Gold Deposit Property (“Elizabeth”), in the Lillooet Mining District of southern British Columbia.

The initial drill holes target the southwest end of the Southwest Vein mineralized zone, where high-grade intersections containing visible gold were outlined in the last drill program. The most southwesterly cross-section, consisting of three drill holes, returned composite assay values of 109.5g Au/t over 1.1 metres true width (E10-67), 20.0g Au/t over 0.7 metres true width (E04-11A) and 77g Au/t over 2.2 metres true width (E10-69). The vein intersection in the deepest hole on this cross-section lies approximately 80 metres below surface. Two holes totalling 333.6 metres have been completed on the current program.

“This part of our 2011 exploration drill program continues in an area that returned outstanding assay results in 2011,” says John P. Thompson, Sona’s President and CEO.

The Company is using NQ-size drill bits. Samples for analysis and assay will be cut in half using a diamond saw. Half of the core will be sent to the lab for analysis and the remaining half preserved for future reference. The samples will be analyzed for gold by standard fire assay atomic absorption finish techniques, as well as multi-element ICP on most samples. A strict QA/QC program will be followed, including the use of certified pulp standards and blanks at Acme Labs in Vancouver, and verification analyses performed at a second laboratory.

The content of this news release has been reviewed by John P. Thompson, a Qualified Person for the purposes of NI 43-101, with the ability and authority to verify the authenticity and validity of the data herein.

About Sona Resources Corp.

Since its inception in 1990, Sona has engaged in exploration activities at its mineral properties in Canada and the United States, as well as small-scale gold production at its flagship property, the 100 percent owned Blackdome Gold Mine, in south-central British Columbia, 250 kilometres north of Vancouver. At Blackdome, the indicated mineral resources are estimated at 144,500 tonnes, grading 11.29g Au/t and containing 52,600 ounces of gold; and the inferred resource is estimated at 90,600 tonnes, grading 8.79g Au/t (news release dated May 4, 2010). At its 100 percent owned Elizabeth Gold Deposit Property, 30 kilometres south of the Blackdome Gold Mine, Sona has outlined an inferred gold resource of 522,900 tonnes, grading 12.3g Au/t and containing 206,100 ounces of gold (news release dated June 8, 2009).

Sona aims to bring its permitted Blackdome mill back into production over the next two years at a rate of 200 tonnes per day, with feed from the formerly producing Blackdome Gold Mine and the Elizabeth Gold Deposit Property. A positive Preliminary Economic Assessment by Micon International Ltd. (news release dated May 28, 2010), based on a gold price of \$950 per ounce over eight years, has estimated a cash cost of \$208 per tonne milled, or \$686 per gold ounce recovered.

Sona also holds a 100 percent interest in the Montgolfier Project in Quebec, 40 kilometres east of the multimillion-ounce Casa Berardi Mine gold deposit.

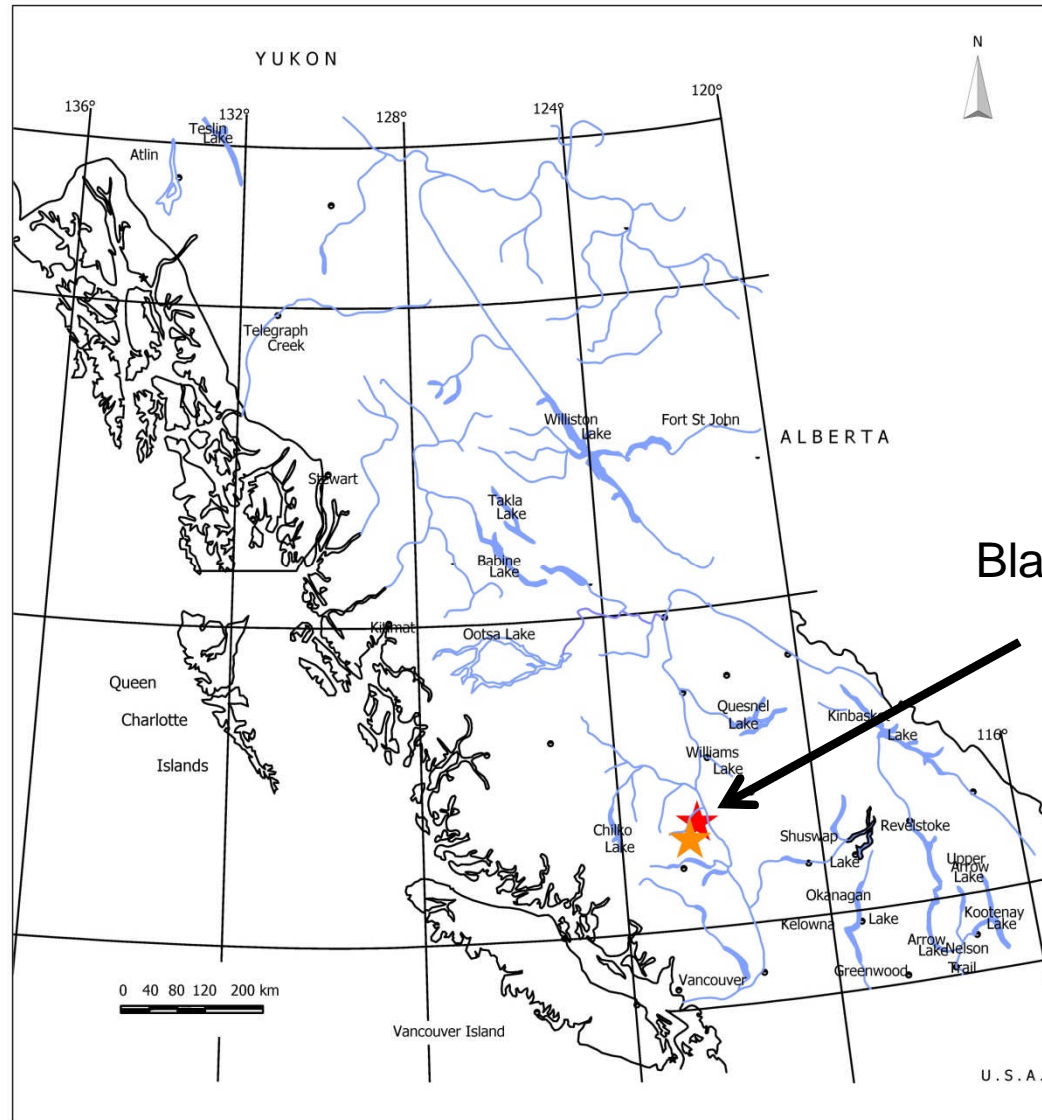
This news release contains certain forward-looking statements, and such statements involve risks and uncertainties. The results or events predicted may differ materially from actual results or events. Any forward-looking statement speaks only as of the date of this news release. Except as may be required by applicable securities laws, the Company disclaims any intent or obligation to update any forward-looking statement, whether as a result of new information, future events or results or any other occurrence.

Neither the TSX Venture Exchange nor its regulation services provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.

For more information, visit www.sonaresources.com, or call or e-mail:

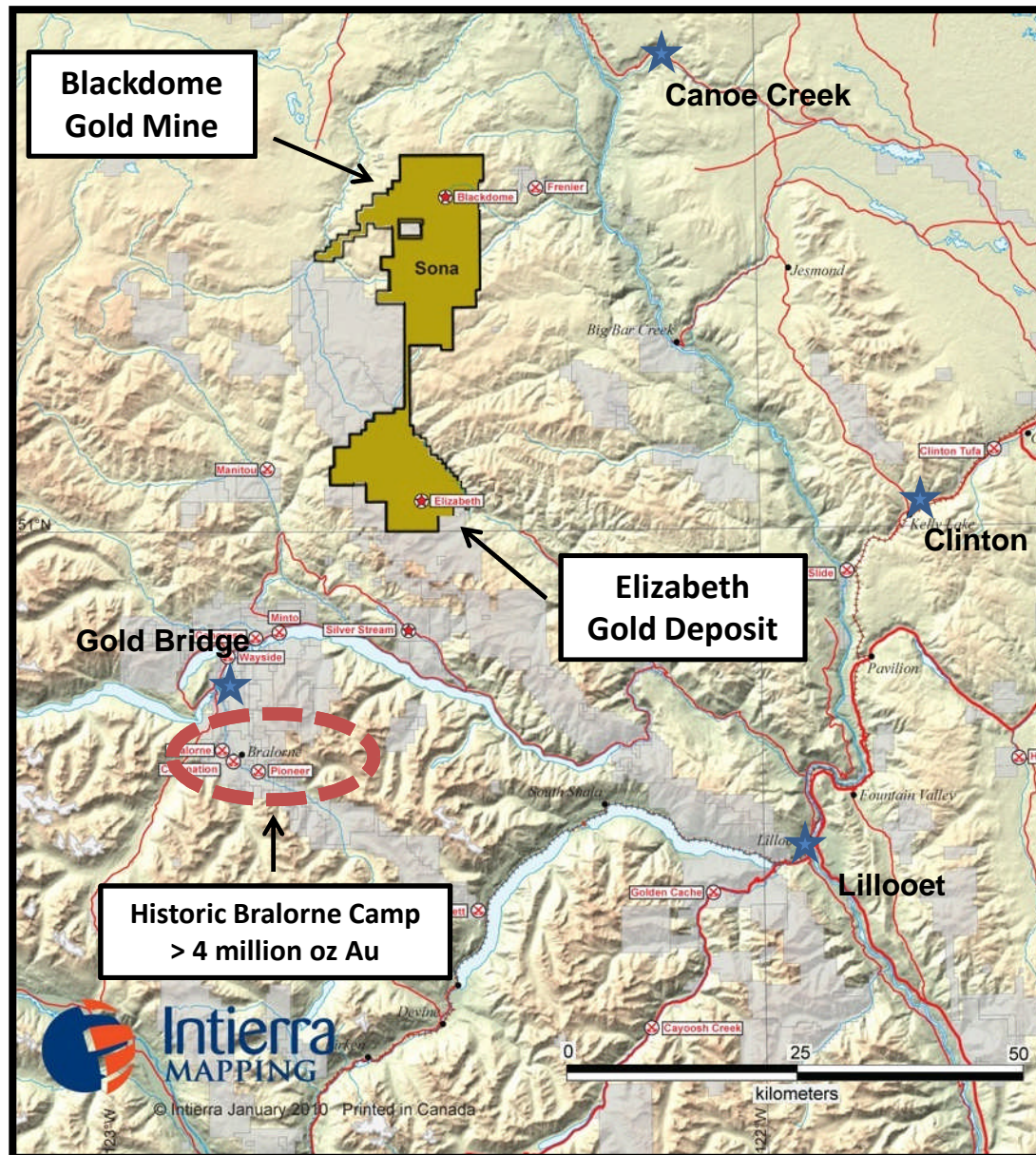
<u>Sona Resources Corp.</u>	<u>Media Inquiries</u>
802-1166 Alberni Street	Victor Webb/Madlene Olson
Vancouver, BC, Canada V6E 3Z3	Marston Webb International
Tel: +1 (888) 236-5200	Tel: +1 (212) 684-6601
Fax: +1 (604) 684-6678	Fax: +1 (212) 725-4709
E-mail: info@sonaresources.com	E-mail: marwebint@cs.com

Location Map

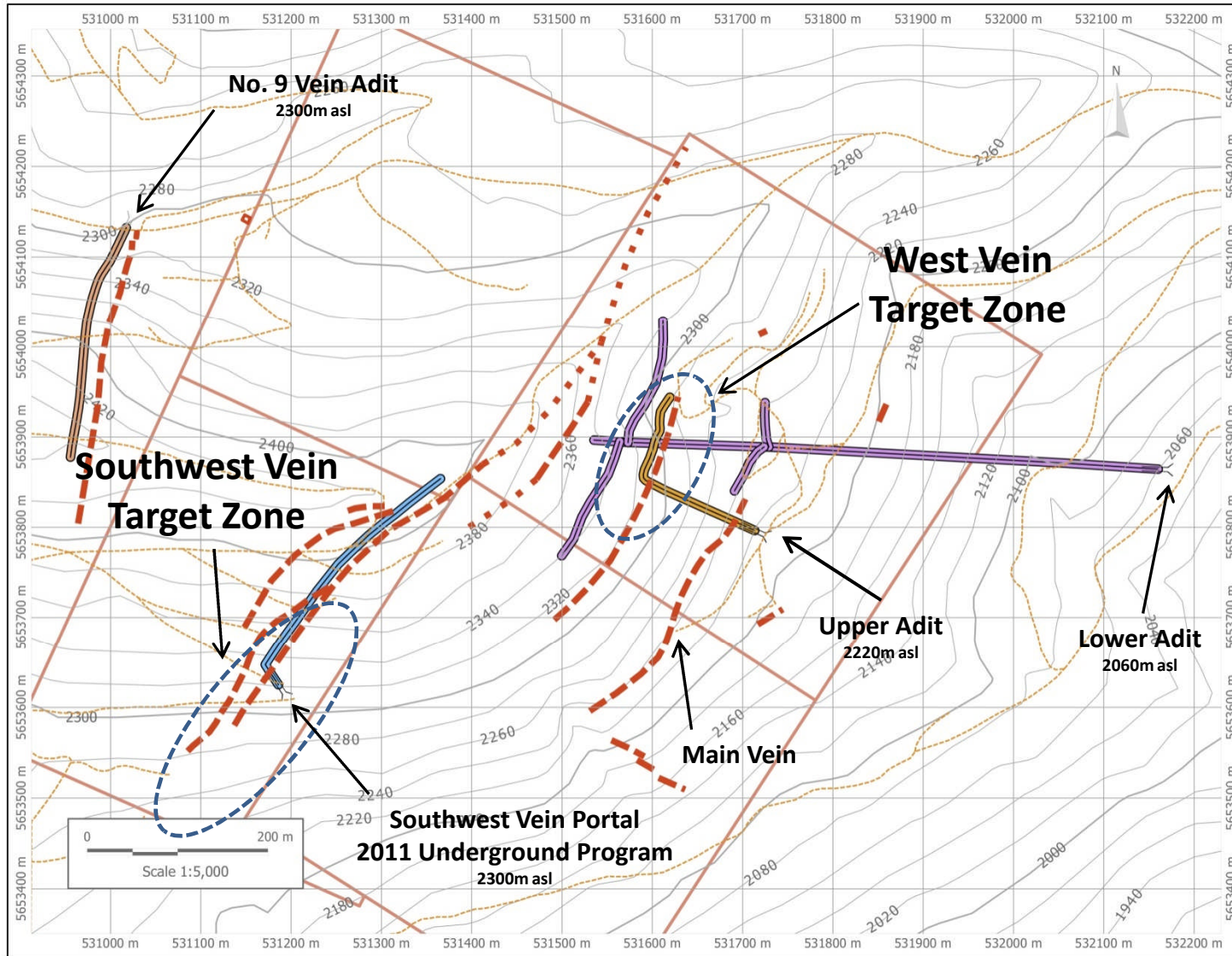


**Blackdome-Elizabeth
Gold Project**

Mineral Claims



Elizabeth Gold Deposit



* SRK (2009)