



NEWS RELEASE No. 15, 2010

SONA DRILLS 70.6g Au/t OVER 0.5 METRES AT ELIZABETH GOLD PROPERTY

Drilling program completed

VANCOUVER, October 5, 2010 – Sona Resources Corp. (the “Company” or “Sona”; TSXV – SYS, Frankfurt–QS7) is pleased to report on the second round of assay results from the recently completed drill program at its 100 percent owned Elizabeth Gold Property, located in the Lillooet Mining District of southern British Columbia.

Important highlights from the diamond drilling on eight holes include:

- Hole E10-58 intersected 54.7g Au/t over 0.3 metres.
- Hole E10-59 intersected 31.2g Au/t over 0.8 metres.
- Hole E10-60 intersected 9.3g Au/t over 1.0 metres.
- Hole E10-65 intersected 6.5 g Au/t over 6.7 metres, including a 0.5-metre interval that assayed 70.6g Au/t.

The 3,000-metre surface diamond drilling program on the Southwest Vein, which commenced in early August, was expanded, and 25 holes were completed, for a total of 3,779 metres. By September 26, twenty-two drill holes targeted the periphery of the known northeast-trending Southwest Zone gold mineralization, both to the northeast and to the southwest, and three holes targeted the No. 9 Vein. All assay results returned to date are from the Southwest Vein; results are still pending for 10 holes, E10-66 to E10-75.

“The surface diamond drill results on the Southwest Zone quartz vein continue to be very positive, says John P. Thompson, Sona’s President and CEO. “The drill program is confirming the continuity of the gold mineralization and is expanding the known mineralization outward. We look forward in the coming weeks to announcing the results of the remaining drill holes.”

Drill core was logged and split on site, and half-core samples were analyzed using metallic screening gold fire assaying and 30-element ICP multi-acid digestion, at the independent Eco Tech Laboratory in Kamloops, BC. A QA/QC program consisting of duplicate samples, insertion of known standards and check assaying was employed.

The table below shows the drill hole composite assay intersections returned to date:

Hole no.	From (m)	To (m)	Core length (m)	Gold (g/t)
E10-51	176.50	177.70	1.2	22.7
E10-52	51.91	52.82	0.9	134.9
E10-53	55.06	60.32	5.3	0.7
including	55.06	55.83	0.8	2.0
including	57.71	58.57	0.9	1.6
	156.88	160.95	4.1	0.8
including	156.88	158.95	2.1	1.0
including	160.45	160.95	0.5	1.6
E10-54	65.16	67.16	2.0	7.2
E10-55	70.24	72.28	2.0	2.0
	73.93	76.40	2.5	12.5
E10-56	55.33	56.05	0.7	1.1
E10-57		Lost hole in overburden		
E10-58	206.4	210.4	4.0	0.8
including	207.80	209.80	2.0	1.0
	225.61	225.95	0.3	54.7
E10-59	91.93	92.75	0.8	31.2
	104.94	106.43	1.5	3.1
	111.44	112.49	1.1	1.3
E10-60	203.60	204.58	1.0	9.3
E10-61		No significant assays		
E10-62	245.97	246.97	1.0	0.7
E10-63		No significant assays		
E10-64		No significant assays		
E10-65	105.77	112.46	6.7	6.5
including	105.77	106.25	0.5	70.6
including	105.77	107.55	1.8	21.3

NOTE: Core lengths are greater than true width.

The content of this news release has been reviewed by John P. Thompson, P.Eng., a Qualified Person for the purposes of NI 43-101, with the ability and authority to verify the authenticity and validity of the data.

About Sona Resources Corp.

Since its inception in 1990, Sona has engaged in exploration activities at its mineral properties in Canada and the United States, as well as small-scale gold production at its flagship property, the 100 percent owned Blackdome Gold Mine ("Blackdome"), in south-central British Columbia. At Blackdome, the indicated mineral resources are estimated to be 144,500 tonnes, grading 11.29g Au/t and containing 52,600 ounces of gold, and the inferred resource is estimated to be 90,600 tonnes, grading 8.79g Au/t (news release May 4, 2010). At its 100 percent owned Elizabeth Gold Property, 30 kilometres south of the Blackdome Gold Mine, Sona has outlined an inferred gold resource of 522,900 tonnes, grading 12.3g Au/t and containing 206,100 ounces of gold (news

release June 8, 2009). Sona aims to bring the fully permitted Blackdome mill back into production over the next three years at a rate of 200 tonnes per day, with feed from the former-producing Blackdome Gold Mine and the Elizabeth Gold Property. A positive Preliminary Economic Assessment by Micon International Ltd. (news release May 28, 2010), at a gold price of \$950 per ounce over an eight-year period, has estimated pre-tax cash flow of \$27 million and pre-production capital costs of \$21 million.

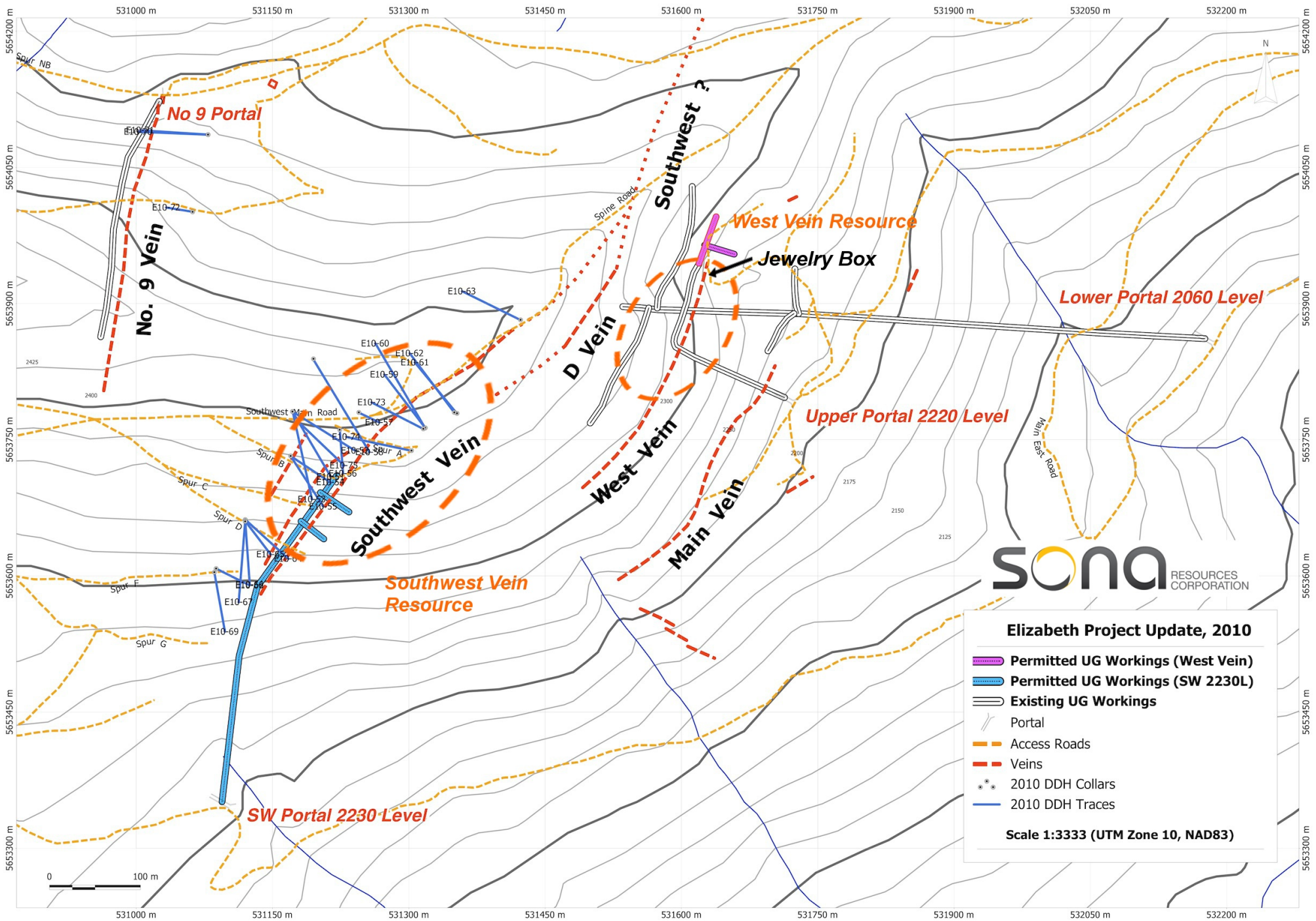
Sona holds a 100 percent interest in two other promising properties: The Callaghan Project is located in Nevada, within 80 kilometres of several producing mines, and is underlain by the Roberts Mountain Thrust, a major structural setting for gold deposits. The Montgolfier Project is located in Quebec, 40 kilometres east of the multimillion-ounce Casa Berardi Mine gold deposit.

This news release contains certain forward-looking statements, and such statements involve risks and uncertainties. The results or events predicted may differ materially from actual results or events. Any forward-looking statement speaks only as of the date of this news release. Except as may be required by applicable securities laws, the Company disclaims any intent or obligation to update any forward-looking statement, whether as a result of new information, future events or results, or any other occurrence.

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For more information, visit www.sonaresources.com, or call or e-mail:

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No 9 Portal

No. 9 Vein

West Vein Resource

Jewelry Box

Lower Portal 2060 Level

Upper Portal 2220 Level

Southwest Vein

D Vein

West Vein

Main Vein

Southwest Vein Resource

SW Portal 2230 Level



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