



NEWS RELEASE No. 14, 2010

DRILLING INTERSECTS 22.7g Au/t OVER 1.2 METRES AT SOUTHWEST GOLD VEIN, ELIZABETH PROPERTY

Diamond drilling program expanded

VANCOUVER, September 21, 2010 – Sona Resources Corp. (the “Company” or “Sona”; TSXV – SYS, Frankfurt–QS7) is pleased to report the assay results for the first six diamond drill holes from the ongoing program on the Southwest Vein of its 100 percent owned Elizabeth gold deposit, which is located in the Lillooet Mining District of southern British Columbia.

Important highlights from the 2010 diamond drilling:

- Hole E10-51, the first of the program, intersected 22.7g Au/t over 1.2 metres, including a 0.5-metre section of the quartz vein that assayed 39.4g Au/t.
- Hole E10-52 intersected 134.5g Au/t over 0.9 metres.
- Hole E10-54 intersected 7.2g Au/t over 2.0 metres.
- Hole E10-55 intersected 12.5g Au/ over 2.5 metres.

The 3,000-metre surface diamond drilling program, which began in early August, has been expanded, and 22 holes have now been completed, for a total of 3,351 metres. The program is focused on expanding the resources on the Southwest Vein and increasing the confidence in them. The Company has outlined an inferred gold resource of 522,900 tonnes, grading 12.3g Au/t and containing 206,100 ounces of gold on the Elizabeth property (news release June 8, 2009).

“These solid results will help us expand the resource base at Elizabeth,” says John P. Thompson, Sona’s President and CEO. “We look forward to further outlining the deposit in the coming year, so we can move closer to a production decision.”

Assay results for the additional drill holes are pending.

The “Jewelry Box” area of the West Vein’s surface expression was also trenched and sampled. Timbers have been replaced in the Upper Portal (which was first driven in the 1950s), and the adit rehabilitated to allow for sampling of the auriferous quartz West Vein auriferous quartz vein at 55 metres below surface.

The new portal for the underground program on the Southwest Vein is being timbered now and will facilitate drifting on the vein. This work is designed to increase confidence in the gold resource, and to move it from the Inferred category to the Measured and Indicated categories.

Drill core was logged and split on site, and half-core samples were analyzed at the independent Eco Tech Laboratory (Kamloops, BC), using the metallic screening gold fire assaying method and 30-element ICP multi-acid digestion. The QA/QC program consists of duplicate samples, insertion of known standards, and check assaying.

A table of drill hole composite assay intersections is provided below:

Hole no.	From (m)	To (m)	Core length (m)	Au (g/t)
E10-51	176.5	177.7	1.2	22.7
E10-52	51.9	52.8	0.9	134.8
E10-53	55.1	60.3	5.3	0.7
including	55.1	55.8	0.8	2.0
including	57.7	58.6	0.9	1.6
	156.9	161.0	4.1	0.8
including	156.9	159.0	2.1	1.0
including	160.5	161.0	0.5	1.6
E10-54	65.2	67.2	2.0	7.2
E10-55	73.9	76.4	2.5	12.5
E10-56	55.3	56.1	0.7	1.1

NOTE: Core lengths will be less than true widths.

The data herein and the contents of this news release have been reviewed by John P. Thompson, P.Eng., who is a Qualified Person within the meaning of NI 43-101, with the ability and authority to verify the authenticity and validity of the data.

About Sona Resources Corp.

Since its inception in 1990, Sona has engaged in exploration activities at its mineral properties in Canada and the United States, as well as small-scale gold production at its flagship property, the 100 percent owned Blackdome Gold Mine (“Blackdome”), in south-central British Columbia. At Blackdome, the indicated mineral resources are estimated to be 144,500 tonnes, grading 11.29g Au/t and containing 52,600 ounces of gold, and the inferred resource is estimated to be 90,600 tonnes, grading 8.79g Au/t (news release May 4, 2010). At its 100 percent owned Elizabeth Gold Property, 30 kilometres south of the Blackdome Gold Mine, Sona has outlined an inferred gold resource of 522,900 tonnes, grading 12.3g Au/t and containing 206,100 ounces of gold (news release June 8, 2009).

Sona aims to bring the fully permitted Blackdome mill back into production over the next three years at a rate of 200 tonnes per day, with feed from the former-producing Blackdome Gold Mine and the Elizabeth Gold Property. A positive Preliminary Economic Assessment by Micon International Ltd. (news release May 28, 2010), at a gold price of \$950 per ounce over an eight-year period, has estimated a pre-tax cash flow of \$27 million and a pre-production capital cost of \$21 million.

Sona holds a 100 percent interest in two other promising properties: The Callaghan Project is located in Nevada, within 80 kilometres of several producing mines, and is underlain by the Roberts Mountain Thrust, a major structural setting for gold deposits. The Montgolfier Project is located in Quebec, 40 kilometres east of the multimillion-ounce Casa Berardi Mine gold deposit.

This news release contains certain forward-looking statements, and such statements involve risks and uncertainties. The results or events predicted may differ materially from actual results or events. Any forward-looking statement speaks only as of the date of this news release. Except as may be required by applicable securities laws, the Company disclaims any intent or obligation to update any forward-looking statement, whether as a result of new information, future events or results, or any other occurrence.

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