



NEWS RELEASE No. 08, 2011

SONA APPOINTS MICHAEL WILLIAMS TO BOARD OF DIRECTORS

VANCOUVER, March 31, 2011 – Sona Resources Corp. (the “Company” or “Sona”; TSX-V:SYS, Frankfurt-QS7) is pleased to announce the appointment of Michael Williams of Vancouver, British Columbia, to the Company’s Board of Directors.

“Mr. Williams has a successful track record in the industry,” says Nick Ferris, Sona’s Executive Chairman. “His expertise in finance and marketing will prove invaluable as we move toward production at our Blackdome and Elizabeth gold properties.”

Mr. Williams is currently the president of Full Metal Minerals, and a director and an adviser to several mining exploration companies, including serving as Chairman of Underworld Resources, Minaurum Gold and Revolution Resources. In March 2010, Kinross Gold Corporation acquired Underworld for \$138 million after an initial resource estimate of over one million ounces of gold. He has established relationships with retail and institutional investors as well as an extensive investment banking network.

He previously served as vice-president of Atna Resources, a TSX-listed company, where he developed and implemented corporate communications and investor relations programs between 1996 and 2004. Before joining Atna Resources, he provided public relations counsel to various sectors, including mining, manufacturing, financial services and government.

About Sona Resources Corp.

Since its inception in 1990, Sona has engaged in exploration activities at its mineral properties in Canada and the United States, as well as small-scale gold production at its flagship property, the 100 percent owned Blackdome Gold Mine (“Blackdome”), in south-central British Columbia, 250 kilometres north of Vancouver. At Blackdome, the indicated mineral resources are estimated to be 144,500 tonnes, grading 11.29g Au/t and containing 52,600 ounces of gold; and the inferred resource is estimated to be 90,600 tonnes, grading 8.79g Au/t (news release dated May 4, 2010). At its 100 percent owned Elizabeth Gold Deposit Property, 30 kilometres south of the Blackdome Gold Mine, Sona has outlined an inferred gold resource of 522,900 tonnes, grading 12.3g Au/t and containing 206,100 ounces of gold (news release dated June 8, 2009).

Sona aims to bring its permitted Blackdome mill back into production over the next two years at a rate of 200 tonnes per day, with feed from the former-producing Blackdome Gold Mine and the Elizabeth Gold Deposit Property. A positive Preliminary Economic Assessment by Micon International Ltd. (news release dated May 28, 2010) – at a gold price of \$950 per ounce over an eight-year period – has estimated a cash cost of \$208 per tonne milled, or \$686 per ounce of gold recovered.

Sona also holds a 100 percent interest in the Montgolfier Project, located in Quebec, 40 kilometres east of the multimillion-ounce Casa Berardi Mine gold deposit.

This news release contains certain forward-looking statements, and such statements involve risks and uncertainties. The results or events predicted may differ materially from actual results or events. Any forward-looking statement speaks only as of the date of this news release. Except as may be required by applicable securities laws, the Company disclaims any intent or obligation to update any forward-looking statement, whether as a result of new information, future events or results, or any other occurrence.

Neither the TSX Venture Exchange nor its regulation services provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.

For more information, visit www.sonaresources.com, or call or e-mail:

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